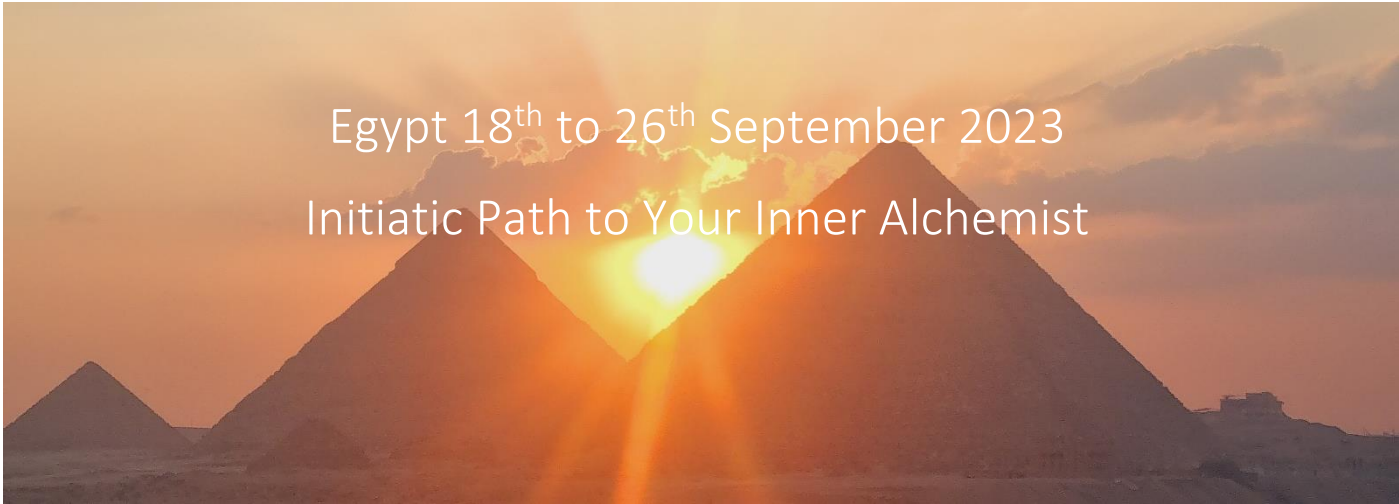




Egypt 18th to 26th September 2023

Initiatic Path to Your Inner Alchemist

Thank you for finding your way here.

We hope that If you feel it in your heart and in your soul, that you are able to join us In September. It is our absolute privilege to accompany you on this journey of a lifetime.

Egypt is as multi-layered, multi-faceted and multidimensional as our understanding of consciousness.

There are keys, codes and activations here which begin to awaken within ourselves, memories of the truth of who we are.

Science is only now beginning to understand the ancient wisdom and forgotten knowledge hidden in this timeless place.

Join us on a powerful journey of transformation and as we explore beyond the known and connect with the remembrance of powerful vibrational technologies and hidden knowledge held within the Sacred Sites in this Ancient Land.

Workshops will include powerful breathwork sessions and the use of the Lucia. No.3 (a neurostimulator which induces a hypnagogic trance by activating the pineal gland through specific frequencies of light) to assist in accessing expanded states of awareness, deep intuition, insights and breakthroughs.

This is an intuitively crafted journey for anyone ready for an adventure of deep transformation and insight. We have kept the group small and intimate to facilitate individual space for everyone's development in a safe and sacred space. We will be visiting secret and sacred places usually inaccessible to usual tourists. This is a journey of the soul toward its own Remembrance.

We have specifically chosen powerful dates for this journey including a private Visit to the Kings Chamber in the Great Pyramid of Giza as well as Saqqara Pyramid on the 19th September, and the unparalleled Dedara Temple (The Temple of Hathor) on the Equinox on the 23rd September.

Itinerary

18 th September	14.00pm Check In Mamlouk Hotel – Giza 14.30pm Afternoon Workshop Session and early dinner
19 th September	Private Visit Great Pyramid 3am to 5am Meet at 2.00am outside Mamlouk Hotel 7.00 am – 9.am Giza Plateau and Sphynx general visit Breakfast and Workshop Free time and Light therapy Sessions Depart Saqqara 17.00 to 19.00 Private Visit Saqqara Light Dinner
20 th September	Depart Desert Workshop and lunch Overnight Desert and dinner
21st September	Desert Highlights Travel to Airport Evening flight to Luxor Check in Hilton Hotel Dinner at Hilton Hotel
22 nd September	Early morning Karnak Temple Breakfast at Hilton Hotel Workshop Light Therapy Sessions Free Time Private Dinner in special place
23rd September	Depart early Dendara Temple Whole day excursion Evening Luxor Temple Visit Dinner at Hilton Hotel

24 th September	Depart Luxor for Aswan by Bus Visit Kom Ombo and Esna Temples En Route Check In Ben Ben Hotel Dinner at Ben Ben Hotel
25 th September	Philae Temple Return for Breakfast Worskop Tree Of Life Boat trip Final Dinner at Ben Ben Hotel
26 th September	Final Morning Breakfast Workshop Check Out at 11am

Meals included: All breakfasts and dinners.

Preparation and Integration

In order to benefit the most from this Journey, we invite you to join us 4 weeks before we arrive in Egypt for weekly live zoom chats in preparation for our trip. Here we will be sharing information about each of the sacred sites we will be visiting, setting intensions for our own personal self-development and inner journeys. We will also share breathwork and Hypnotherapy sessions, beginning to fine-tune our intuition and access to own inner wisdom.

We will also offer weekly meetings for four weeks after our trip which will serve as integration and a safe space in which to share any insights that may come up after the journey.

Facilitators

Andrea Kellerman

B.A., H.E.D., B.A. Hons. Psych., M.Ed Psych., Dipl.Adv. Hyp., ISNR registered Neurofeedback Practitioner. (Prac. No. PS0115207 and SAMHF 791953)

Andrea Kellerman is a registered Educational Psychologist who has been working with children and adults for the past 25 years. She has formerly worked as a qualified teacher and has lectured and taught children and adults at school, college and university level. After having studied psychology, hypnotherapy and neurofeedback/brain training, she worked in hospitals, a crisis centre and private practice where she has helped many people who suffer

from anxiety, depression, stress, insomnia and more to create intuitive life changes and cope better with uncomfortable challenges and change.

Andrea follows a holistic approach when working with clients. She has completed DNA, functional medicine courses, is always increasing her knowledge in neuroscience, transformational treatments and uses the latest therapy techniques and insights to help her clients in the best and most effective way possible

Lisa Armstrong

With an innate quest for truth and authenticity, Lisa never resonated with the old paradigm. With a financial career abandoned, she was drawn to the simple truth of nature. The magnetic call of the ocean leads the path to a career in Scuba Diving and a deep desire to share a different perspective of life with others. Nature has a way of uncovering our truths. After building and operating an Eco-Lodge in Mozambique, her passion for exploring and understanding the frontiers of human consciousness drew her on a path of self-discovery, studying Yoga, Kinesiology, Psych-k, Quantum Healing Hypnosis, Fractal Psychology, Neurodynamic Breathwork, Plant Medicines, Bio-geometry, with a passion for learning more about the ever-expanding fields of Quantum Physics, Unified Science and Neuroscience.

More recently, she has spent a large part of the last two years in Egypt with Mathias De Stephano and studying under Dr. Ibrahim Karim learning about the ancient, hidden vibrational and temple science that is encoded sacred sites.

Lisa has an intuitive understanding that we each are gifted with the potential to be anything, do anything, without exception. She provides a safe space and skills in which to break through the boundaries of the conditioned human mind allowing access to greater levels of human potential that are dormant within each human heart and mind.

Investment

Inclusions:

- 2 Nights Accommodation at Mamlouk Hotel Including Breakfast
- 2 hour Private Visit to the Kings Chamber on the 19th September
- 2 hour private visit Saqqara Pyramid 19th September
- Overnight Trip to the Desert Including Return Transfers / Lunch, dinner and breakfast and Entrance Fees
- Transfer to Cairo International Airport
- Internal Flight from Cairo to Luxor
- Transfer from Luxor International Airport to Hilton Hotel Luxor
- 3 nights Accommodation at Hilton Hotel Including Breakfast and dinner
- Visit to Kanak Temple
- Day trip to Dendera Temple
- Visit to Luxor Temple
- Visit to Kom Ombo Temple
- Visit to Esna Temple
- Bus transport from Luxor to Aswan

- 2 nights Accommodation at Ben Ben Hotel overlooking Philae temple (superior room)
- Philae Temple (Temple of Isis) breakfast and dinner
- Visit to Tree of Life
- All Workshops: Group Neurodynamic Breathwork / Lucia Light #3 Pineal Gland Activation / Group Self Development and Coaching
- 4 Preparation Online Live Workshops
- 4 Integration Online Live Workshops

Exclusions:

- International Flights
- **Transfers to and from Airport on arrival and departure** to Egypt (to make allowance for those wanting to arrive early and / or depart later, transfers on arrival and on departure are for your own account. We can provide details of a meet and great service who can arrange meet and great at the airport as well as transfer to your hotel)
- Egyptian Visa If Required
- Return Flight from Aswan to Cairo
- Travel Insurance
- Travel / Medical Insurance
- Most Lunches (if needed) will be for your own account
- Tips
- Shopping
- SIM card
- Any other extras of a personal nature
- Early arrival or late check outs

Alchemist Price:

USD 2777 – (Per Person Sharing)

50% deposit payable before 12th May 2023 to secure
Remainder of payment due by the 08th August 2023

Normal Price:

USD 3222 – (Per Person Sharing)

50% Deposit on Booking

Full payment required by 08th August 2023

Single Supplement:

If you would prefer a single room, please add on USD 557,50. If you are coming alone and would like to share, we will do our best to pair you with someone else on the trip 😊. However, this cannot be guaranteed.

Additional Info:

Please check what Visa requirements into Egypt are for your country
Please bring a copy of your passport with you

The hotels we are staying at do have WIFI but it is also recommended to get yourself an Egyptian SIM card with data if you need to be connected
Egyptian SIM cards are available at the airport
If you are wanting Egyptian pounds, there is an exchange at the airport alternatively it is possible to change USD or Euros into Egyptian pounds at the hotel opposite where we are staying. It is also easy to draw local currency from the ATM.
Should you wish to arrive earlier or stay later, we can refer you to an agent who can assist you with your booking.

Please contact us to book or get extra information

Lisa Armstrong: bluefootprints2@gmail.com

Andrea Kellerman: andrea@eq-advantedge.co.za

Office: Cell (whatsapp): (0027) 629778827, info3@eq-advantedge.co.za

Testimonials

'Why I had such a strong pull to join this adventure in Egypt I did not fully comprehend at the time.

Fortunately, I listened to my heart and went on a journey in which the alchemy of connection turned worldly experience into spiritual treasure. Mutual curiosity and attraction to the unknown made this group unique.

Every person there unconditionally supported the other and allowed space to connect in an authentic way without judgement. We were keenly aware of the incidental connection and meaning between the physical events playing out on this journey and the inner experiences we were having.

We visited many pyramids and sacred sites where the timeless energies of potential and possibilities are still present in the ancient remains of the past. Through this amazing journey I learned to connect more with myself and my feelings, knowing that all experiences are there to support me, helping me to detach from expected outcomes.

As I ventured deeper and climbed into the dark, quiet sarcophagus of my being, I experienced the stillness not as lonely isolation, but a peaceful at oneness with all existence.
A journey of remembrance worth taking.'

Helga 11.11.2022

'An eye opening, awareness & soul expansive journey into the mysticism & sacred geometry and dichotomy of Egypt.

Andrea and Lisa are the perfect people and partners that created and operated a seamless, fun, supportive, flowing and non-judgmental adventure.

Not for the faint-hearted. Be ready to expand and open and heal and make new lifelong friends.

The experience was and continues to be extraordinary'.²
with much gratitude.

Nicole S x

Egyptian pyramids and temples can mean many things to many. Are you spiritually curious and on the path of personal development? Certainly I am and was worried if it will be more touristic and will end up with whole load of selfies.

Behind the grand and incredible megalithic constructions, there lies a mystical and potentially life changing energetic experience, that barely any organisers know exactly how to unlock that magic.

Initiation Path run by Lisa and Andrea is clearly an exception, supported by numerous guides and experts. Looking back the timings, the sequence, the venues all make perfect sense. It is lovingly orchestrated with care, taking you on a journey of reconnection to your true self - love laughter and play!

One day you are in deep shafts of the pyramids and another time you are deep into yourselves in private meditations in privileged locations during very special astrological portals

Be prepared to fly across Egypt, sail on the Nile river, safari through the desert and go back millions of years to walk among the whales. You will make some new friends for life, with whom you will cry, release, laugh and play like a child again. The transformation during the 6 days is vivid and palpable

Thanks to Lisa and Andrea for effortlessly holding the space in every moment of the journey and for designing a spiritual trip light, full of warmth yet simply profound! Truly, their reward is the flowering and reconnection of all the beautiful souls that take the calling

"Man fears Time but, Time fears the Pyramids"

Moh V